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Photo: Tina Ewart

# Welcome

to The Official Sheringham Town Guide 2021/22  
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and Tina Ewart**

# Welcome to Sheringham

Photo: Andreas Yiasimi

"The motto on Sheringham's coat of arms is 'Mare Ditat Pinusque Decorat', which is Latin for 'The Sea Enriches, The Pine Adorns'.

The motto serves the town well as it is situated between glorious Norfolk countryside, that boasts the splendid National Trust Sheringham Park under a mile away, as well as delightful woodlands surrounding the town and beautiful Blue Flag beaches of the Marine Conservation Zone, that attract locals and visitors alike. Find out about the Sheringham Snorkel Trail, where the adventurous can discover shipwrecks close to shore and reef-beds teeming with marine life.

Other options for the active include the new 'The Reef' Leisure Centre and nearby is the Sheringham Sports Association ground. Catering for golfers is the splendid 18-hole links golf course and about the town there's two putting greens for family fun. Walkers are offered routes that take in both coast and countryside in one.

Sheringham Town Council is delighted that this guide provides a comprehensive insight into a wealth of places to visit and the wide range of amenities and services. The town is proud to offer a high street that includes many independent shops and, on Saturdays throughout the year and Wednesdays from April to November, an open market that altogether aims to cater for any shopper's needs. There's a great selection of places to eat and drink in the town and on the promenade which, along with the shopping experience on offer, make Sheringham a vibrant and flourishing town.

Underpinning all this is a very special community amongst which are numerous hardworking volunteer groups, churches and charities that are doing valuable work and supporting a range of worthy causes. Many of these groups are about helping people at a time of need and others run events for all to enjoy such as the



Carnival Committee who not only organise the Carnival itself, but also a raft of family friendly events. Why not celebrate the town's Viking connections by joining in with a 'Viking Festival'. Add on a classic car and Harley Davidson rally and the 'Potty Festival' for Morris Dancers that all contribute to a very full programme throughout the year. If you are a 'Culture Vulture' see what's on at our welcoming arts venue, the Sheringham Little Theatre as there's always a great range of performances on offer.

The town is rightly proud of its heritage North Norfolk Railway and always popular in the NNR calendar is the 'Forties Weekend' when the town is transported back in time and takes on a period feel.

To explore more about the history of Sheringham you can make a visit to Sheringham's 'Mo' Museum, which is packed with local treasures including an exceptional display of 'Ganseys'. The Lifeboat



Museum and the Peter Coke Shell Museum are also fascinating attractions. Together the museums offer an appreciation of Sheringham's rich heritage and particularly its part in RNLI history. To bring your experience to modern times, visit the RNLI boathouse at the end of the west promenade, home to the Atlantic class lifeboat named 'The Oddfellows'.

The hope is that this introduction serves as a warm invitation to explore all that our hometown of Sheringham has to offer from a community that is keen to welcome everyone."

**Cllr. Peter Ratcliffe**

*Sheringham Town Council*

# Sheringham's Annual Events

There are many events in Sheringham throughout the year. Here are a few highlights\*:

January 1st - New Year's Day Dip

February - Viking Festival

April - Easter Bonnet Parade

May - Crab & Lobster Festival

May 15th - Mammoth Marathon NNDC

June - Sheringham Classic Car & Bike Show

July - Potty Morris Festival



July - Opening of the Little Theatre Season

July/ August - Carnival Events including Raft Race, Parade and Street Races

August - RNLI Lifeboat Day

September - NNR 1940s weekend

October - Halloween (NNR)

November - Christmas Lights Switch-On

December - Santa Specials (NNR)

To find out more details and specific dates for each year go to [www.sheringhamcarnivalofficial.co.uk](http://www.sheringhamcarnivalofficial.co.uk)

\*All events are subject to confirmation closer to the time and will be dependent on the restrictions and impact of Covid 19.





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## Sheringham Town Council

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Holway Road

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NR26 8NP

Deputy Town Clerk: Kelly Batterham

Main telephone: 01263 822213

[info@sheringhamtowncouncil.gov.uk](mailto:info@sheringhamtowncouncil.gov.uk)

[sheringhamtowncouncil.gov.uk](http://sheringhamtowncouncil.gov.uk)

Sheringham Town Council's team will be more than happy to answer any queries you may have. To speak with the Clerk or Deputy Clerk, please call to make an appointment.

Responsibilities include: running Sheringham Community Centre which is available for regular or one-off hire, Cemetery, Weybourne Road Allotments, Commons, Town Clock, War Memorial, a proportion of the Town's streetlights and benches, bus shelters, putting greens and some grass verges.



Photo: Andreas Yiasimi

## North Norfolk District Council

Council Offices

Holt Road

Cromer

Norfolk, NR27 9EN

Opening times: Monday, Tuesday & Thursday - 8.30am-5pm, Wednesday - 10am-5pm, Friday - 8.30am-4.30pm

Tel: 01263 513811

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# Sheringham's History



*Circus Elephant in Sea at Sheringham c1920*

"History with its flickering lamp stumbles along the trail of the past, trying to reconstruct its scenes, to revive its echoes, and kindle with pale gleams the passion of former days" (Winston Churchill)

The story of Sheringham stretches back over many centuries and is built around tales of ordinary folk who settled below the glacial moraine (the Cromer Ridge) left by the last Ice Age. The fossil record of the area has pointed to a marshland once inhabited by Mammoths, Wild Boar and Tigers to mention but a few species. David Barber, a local artist, has caught this period on the wall mural facing out to the North Sea, below the Two Lifeboats Hotel and The Crown Inn. Evidence in the form of fossilized bones has come out of the Cromer Forest Bed, with an almost complete skeleton of a Mammoth being recovered in 1990 from near West Runton and other bones from the cliffs below Beeston\*. Examples of flint Neolithic axes and arrow heads have been found on the beach with many good examples of the flint knappers work being seen in Sheringham and other Norfolk Museums. The area now

occupied by our town was wandered by nomadic hunter gatherers, following the herds of mammoths that gave food and skins for tents and clothing.

Research by local historians points to an early settlement being that of Scira's people. "Ham" is an Anglo Saxon word for "small village", so we have the ham of Scira's people. Scira being of Danish origin possibly being linked with the Danes who came to settle in this part of East Anglia in approximately 750AD. Evidence of the possibility of early Roman settlement was discovered in 1956, when a domestic kiln was discovered whilst excavating at the Upper Sheringham Council Depot. Greyware Roman pottery was recovered.

The Domesday Survey completed in 1086 is the first real mention of Sheringham. In the survey the settlement is recorded as Silingham and tells us that it was made up of a population of 28 (10 villagers, 12 smallholders, 5 slaves and 1 freeman.) The Survey also mentions a 4 acre meadow, woodlands, 100 pigs, a church and church lands.



*Bottom of High Street c1899*

The Lord of the Manor in 1086 was William of Ecouis. The mention of a church is probably that of the wooden structure that is thought to stand on the site prior to that of the current one of All Saints, Upper Sheringham being erected about 1400.

Records of the 17th and 18th centuries record storms that ripped into the cliffs taking chunks of land away (1789 and 1795). The storm of 1795 damaged land in front of the Crown Inn. Five years later in 1800 the Crown finally succumbed and crashed onto the beach.

In the wake of the Industrial Revolution 1760 – 1830 when we saw the transition from hand production methods to that of machines, new chemical manufacturing and iron production processes, the development and increased use of steam power, the development of machine tools and the rise of the factory system. Although this had no immediate impact on Sheringham the foundations were being laid for a century of change and development in Sheringham, reflecting that which was happening in other parts of the country. In 1805 a House of Industry, Workhouse, was built in Upper Sheringham. This was followed in 1811 by the Enclosure Award.

Just over 200 years ago, in 1812, the owner of the Manor of Sheringham, Cook Flower, sold it to Abbot Upcher. So began the relationship of the Upcher Family with the folk

of Sheringham. The family's benevolence and impact on the life and development of Sheringham had begun and would be transformational.

Railways had started to join towns and cities and the coast. From the 1840s a national railway network started to develop.

It was on 16th June 1887 that the biggest factor in promoting growth in the town happened – the railway came to Sheringham. Now there was a direct line to London (3 hours 13 minutes) which in its heyday had 64 trains a day passing in and out of the station. With this came the development of what had been arable land. The Upcher family sold blocks of land for building – The Sheringham Building Estate – which included what we now know as Augusta Street; The Boulevard; North and South Streets; St Nicholas Place and Links Road to mention some. At the same time the Upcher family gave land for the building of a church with St Peter's being completed in 1897 at a cost of £8000. This last decade of the 19th century saw rapid development and the changing from a small fishing village, just down the coast from fashionable Cromer, into a thriving seaside town in its own right.

In the early 20th century Sheringham attracted the wealthy and famous. People came to Sheringham for the benefits of the sea and coastal climate, as well as to visit friends and join house parties arranged by those who had built holiday



homes or taken lodgings for the season. The internationally renowned photographer, Olive Edis had her studio in Sheringham and was not just famous for her portraits of local fishermen and local people, but also photographic portraits of celebrities and royalty. Amongst those who visited and stayed in the town were Captain Robert Scott, Ernest Shackleton, Arthur Conan Doyle, Vaughan Williams, Albert Einstein, together with politicians, literary figures and the celebrities of the first two decades of the 20th century.

Much more can be found out about those people who came to stay and live in the town by following the Blue Plaque Trail that is being installed within the Museum.

Today Sheringham is known as the Premier Seaside Town on the North Norfolk Coast with thousands of people flocking here to holiday during the year. Often car parking places are at a premium. Alas the main line railway closed in the 1960s as part of the Beeching report hit the future of many rural lines and stations. Today part of the line is run as a heritage steam railway by the NNR. This alone attracts thousands of visitors to the town. The wonderful floral displays that have given Sheringham Britain in Bloom awards, the golden sandy beaches and the extensive walks along the cliffs and through the woods of Sheringham Park and Pretty Corner, together with a nationally acclaimed Museum on the sea front are all great attractions. The

Museum has just been awarded the accolade of 'Hidden Gem' by Visit England!

The fascinating story of Sheringham can't be done justice to in these few introductory words. For those of you who want to find out more please visit Sheringham Museum.

Sheringham is a unique place with a very special atmosphere. Residents and visitors alike make the most of the variety of shops and attractions and the friendly welcome that always awaits one and all.

**Tim Groves**

**Chairman, Sheringham Museum.**



### **\*The Deep History Coast**

The unique Deep History Coast is home to the earliest evidence of humans in Britain with footprints left by the UK's first tourists nearly a million years ago. The UK's biggest mammoth skeleton remains were found at West Runton. The Deep History Trail covers 36kms of coastline from Weybourne to Cart Gap along the North Norfolk clifftops. With eleven discovery points - one of which is in Sheringham - along the way, you can find out what the landscape looked like hundreds of years ago.

Download the free Augmented Reality App to meet people and creatures from the past, play games and discover more about the Deep History Coast.



# Sheringham Museum



Photo: Andreas Yiasimi

Sheringham Museum is an independent charity which conserves and celebrates Sheringham's rich heritage. 2020 marked the 10th anniversary of its official opening on the 'Mo' site following the 1988 creation of the Museum Trust.

Our museum reflects the changes in Sheringham with the coming of the railway and rapid developments in industry and communications with displays of shops which met the needs of our new industry, tourism. These stand alongside the more traditional and ancient skills of boatbuilding with displays of tools and equipment used by our most skilled and eminent boatbuilder of his age.

Sheringham was opened up to the world with the arrival of the railway in 1887 and within 20 years a sleepy fishing village developed into a thriving seaside resort. The rapid expansion of housing, plush hotels, a championship golf course, tennis courts, sandy beaches and the health- giving properties of the coastal air attracted a wealthy clientele from London and the home counties. Together with the

influential Upcher family, notable personalities such as Conan Doyle, Vaughn Williams, explorers Scott and Shackleton, Lady Battersea and Augustine Birrell sang the praises of the area attracting visits from their wide circle of friends.

During each year many special events, for all ages, complement our historic fleet of lifeboats, crab boats, social history, photographs, artwork, geology and palaeontology. The summer exhibition for 2022 has the title 'Oh I do like to be beside the seaside' – a mixed media exhibition charting the rise of Sheringham from the 1880s to become Norfolk's 'Premier Seaside Town'.

The museum is fully accessible with a lift to all main floors and a shop full of gifts and souvenirs.

Open seasonally from March - October.  
Check website for details.

[www.sheringhammuseum.co.uk](http://www.sheringhammuseum.co.uk)



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# North Norfolk Railway



From the smart Victorian seaside resort of Sheringham to the Georgian town of Holt, the North Norfolk Railway runs through the county's most stunning coastal scenery.

Operated almost entirely by volunteers from all walks of life, the line, known as the Poppy Line, is East Anglia's premier heritage railway. Operating a varied timetable, passengers can take a journey back in time relaxing in carriages from times gone by whilst Steam and Diesel locomotives take the strain.

The railway's headquarters in Sheringham is more than just a station. There is The Old Luggage Office Refreshment Room where you can indulge in a hearty Fireman's Shovel breakfast or top up on tea and cake, a well-stocked souvenir shop as well as an attractive booking hall and a ladies' waiting room making for great photo opportunities.

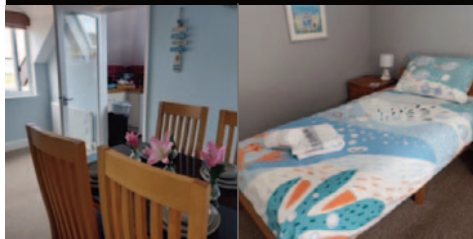
The station is ideally situated for those wishing to take a stroll through the town and walk along the promenade before joining your train.

Other stations include Weybourne where you can enjoy a cuppa, a picnic or a stroll in the woods or down to the sea and Holt, the western terminus just a mile from the lovely market town centre. Situated at Holt Station, the William Marriott Museum houses many artefacts, documents and other by-gones from the age of steam in East Anglia.

The Railway holds many special events throughout the year including the 1940s weekend, Halloween, Norfolk Lights Express and Santa Specials. There are also a range of special dining train experiences including cream teas, fish and chips and even gin trains!

[www.nnrailway.co.uk](http://www.nnrailway.co.uk)

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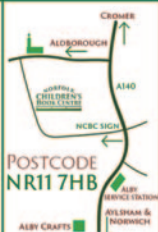
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# Primary Education

## Sheringham Community Primary School & Nursery

We are a large, vibrant and thriving community school who are dedicated to the development of the whole child. Rachael Carter has been our Headteacher since 2015 and we cater for children from ages 4 to 11 plus have our own Nursery, run by a qualified teacher, which takes children from the term after they turn three. Our Nursery offers up to 30 hours of funded childcare. Our outdoor facilities include a forest school, wildlife and pond area, garden, large astro-turf and field with trim trail.

We aim to create a happy, inclusive, creative, co-operative and imaginative environment, where the maximum is expected of everyone's individual abilities and where we all grow to appreciate the pleasure of learning in its widest sense. We want the children to develop and become resourceful, resilient, responsible, reflective and reasoning learners who are well prepared, excited, and ready for the next stage of their learning journey. Our school motto; 'Be all that you can be ...' encapsulates everything that we strive for in our school.

As a community school we believe wholeheartedly that it takes a whole community to ensure that the children in our care receive the best education possible. We foster quality partnerships between governors, parents, teachers, children, community and a sense of security is maintained throughout the school. We are an OFSTED graded 'Good' school (2018)



who commented that, "Pupils develop a love of learning, and the impact of this was evident in pupils' highly positive attitudes."

Bright Stars is our fantastic breakfast, after school and holiday club. Situated next to the school, it provides wrap around care for children aged 4-12. Staff will take children to school and collect them at the end of the day, providing them with healthy snacks and a variety of indoor and outdoor play experiences. We share a campus with Sheringham Woodfields School and Sheringham High School. For further information or to arrange a visit please contact the school office on 01263 823848 or email [office@sheringhamprimary.norfolk.sch.uk](mailto:office@sheringhamprimary.norfolk.sch.uk)



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# Secondary Education



## Sheringham High School

Sheringham High School is an Academy and part of the five schools in the North Norfolk Academy Trust (NNAT) family; Stalham High, Antingham and Southrepps Primary, Cromer Junior and Gresham Village School. It is situated on the edge of Sheringham but is at the heart of its community. In September 2021 the NNAT merged with the Synergy MAT.

We are a popular school that caters for over 700 students aged from 11 to 18 who live in Sheringham, Holt and many surrounding villages. We occupy a wonderful campus set in its own spacious playing fields with views of the sea.

We have enjoyed consistent examination and Ofsted success for many years and provide a rich extra curricular programme. The school has an excellent reputation in Music and Theatre, has strong links with local arts and theatre providers, excels in a wide variety of sports, regularly takes top honours in literary and creative competitions, and looks to develop all students' talents. Our curriculum is broad and deep. We are committed to many subjects which other schools no longer offer such as Modern Foreign Languages, Technology, Motor Mechanics, Horticulture, Photography, Music and Drama which enthuse our students and have real world applications. We have an award winning smallholding on site, The Patch, and share our campus with Woodfields School; an outstanding complex needs school, with which we have close links. The Sheringham High Sixth Form is a strong,

purpose built, post 16 facility with a great results track record which attracts students from across North Norfolk and offers a wide variety of courses to suit all abilities and aspirations from Science to Sociology, from Maths to Motor-mechanics, from Chemistry to Criminology, from Product Design to Psychology.

Visitors comment on the very positive relationships between staff and students, and recognise the focus on learning in a caring and supportive environment. We have a dedicated teaching staff of over fifty teachers, supported by an associate staff team of more than thirty hard working individuals who, together, deliver outstanding well-being, careers and SMSC (social, moral, spiritual, cultural) programmes; making Personal Development the spine of the curriculum. We benefit from the goodwill of many supportive parents, friends, industrial mentors, outside agencies and governors, and have forged close links with our community. Many give freely of their time and energy to help us to provide a quality service to our young people and we value these partnerships. Our success is based on high expectations, mutual respect and challenge. We believe in 'Success For All'.

[www.sheringhamhigh.co.uk](http://www.sheringhamhigh.co.uk)

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# Complex-Needs Education



## Sheringham Woodfields School

Sheringham Woodfields is a purpose-built complex-needs school on the outskirts of Sheringham. We share a campus with Sheringham Academy and Sheringham Primary School, allowing us to work together and facilitate inclusion. Our pupils come from a wide geographical area of Norfolk, most are provided with local authority transport. We have 145 places in total and our age range is from nursery age to sixth form. Our pupils have a diverse range of special educational needs and work at different levels of intellectual ability. All pupils have an Education, Health and Care Plan.



A key part of our work is about preparing our pupils for the next steps in their life through encouraging independence,

life skills and being part of the community. We also operate a successful charity shop down in Sheringham Town Centre, and have done for over nine years. Make sure to visit Woodfields Den when you are next in town.

Rated Outstanding by Ofsted in early 2019, we provide an inclusive education for all and are very proud of community we serve.

[www.sheringhamwoodfields.co.uk](http://www.sheringhamwoodfields.co.uk)



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**Tel: 01603 898 623**

[www.extrahandshomecarenorfolk.co.uk](http://www.extrahandshomecarenorfolk.co.uk)

Extra Hands is regulated by the CQC to provide care and meet all of the CQC National Standards



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# Health and Welfare

*Photo: Andreas Yiasimi*

## Doctors

### Sheringham Medical Practice

Cromer Road, Sheringham, NR26 8RT  
Enquiries and appointments: 01263 822066  
[www.sheringhammedical.nhs.uk](http://www.sheringhammedical.nhs.uk)

## Advice

### NHS 111 Service

111 is the NHS non-emergency number. It is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones. For immediate life-threatening emergencies continue to call 999.

## Dentists

### Together Dental

5 Augusta Street, Sheringham, NR26 8LA  
Tel: 01263 823119  
[www.together.dental/sheringham](http://www.together.dental/sheringham)

### Out of Hours Emergency Dental Advice

Telephone NHS Advice service on 111

## Pharmacies

### Boots

46 High Street, Sheringham, NR26 8DT  
Tel: 01263 824070

### Lloyds Pharmacy

31 Station Road, Sheringham, NR26 8RF  
Tel: 01263 823128

## Opticians

### Specsavers

29 High Street, Sheringham, NR26 8DS  
Tel: 01263 821457  
[www.specsavers.co.uk](http://www.specsavers.co.uk)

### Roger Lee Optometrists

60 Station Road, Sheringham, NR26 8RG  
Tel: 01263 824682  
[www.rogerleeopecticians.co.uk](http://www.rogerleeopecticians.co.uk)

## Hearing Care

### Specsavers Audiology

29 High Street, Sheringham, NR26 8DS  
Tel: 01263 821457  
[www.specsavers.co.uk](http://www.specsavers.co.uk)

## Minor Injuries

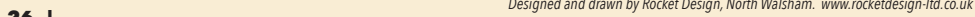
### Cromer Hospital's Minor Injuries Unit (MIU)

Open seven days a week, from 8am to 7.45pm (the doors may close earlier at the discretion of the nurses. If in doubt please ring.)

**Reception tel: 01603 646230**

The hospital is situated in Mill Road, Cromer, Norfolk NR27 0BQ

## An illustration of a Marine Conservation Zone. A dashed white oval is centered on a blue background with white wavy lines representing water. Inside the oval, there are three blue fish swimming towards the right, a red crab on the left, and another red crab on the right. In the center of the oval, the words "MARINE CONSERVATION ZONE" are written in a white, sans-serif font, with short white lines radiating outwards from the text.



THE BEACH

Sheringham has an award-winning Blue Flag beach made up of sand with areas of shingle and larger stones. At low tide there is plenty of golden sand for families to sunbathe and explore the rock pools filled with miniature marine life. However, as the tide comes in the beach all but disappears, giving you the ideal opportunity to explore this charming town.



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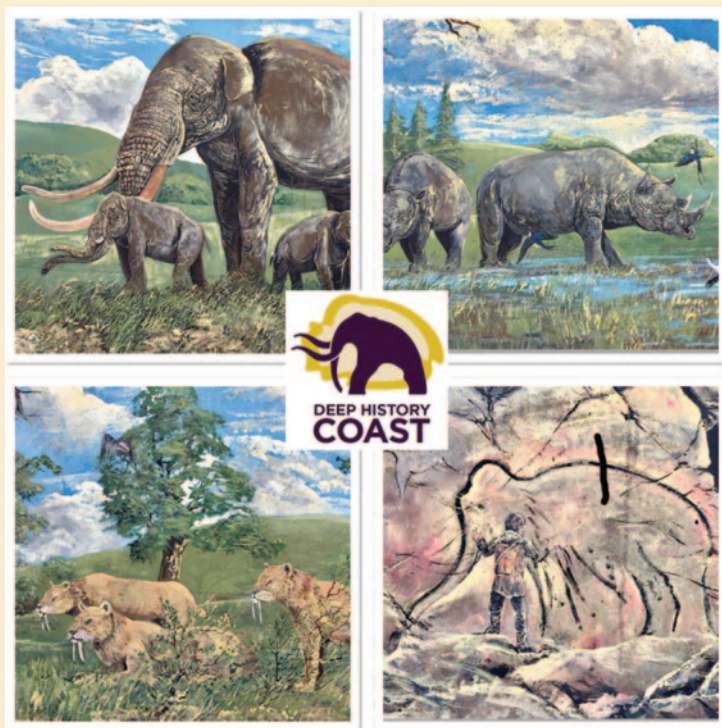
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# The Arts in Sheringham



For centuries, the North Norfolk coastline has provided inspiration to a wealth of artists who delight in celebrating its big skies, stunning beaches and colourful characters. Sheringham is no exception.

The town is home to many galleries, artists and studios each selling a range of works in many different mediums. Art lovers should head to the seafront to view the impressive Sheringham Art & Sculpture Trail, aimed at transforming the barren areas of the concrete sea defence. The mural pictured here was painted by David Barber and depicts a scene from 30,000 years ago, inspired by the discovery of the mammoth at nearby West Runton.

Theatre lovers should head to The Sheringham Little Theatre in the heart of the town. Boasting the smallest stage of any professional theatre in the UK, it offers an eclectic range of drama, cinema, music and live screenings with roughly 380 shows and events a year. It is renowned for being one of the last remaining outposts of a summer theatre season.

Sheringham's Peter Coke Shell Gallery is home to almost 200 colourful, delicate and stunningly realistic sculptures made with shells from all over the world. Peter Coke, actor and playwright, famous for his role as Paul Temple in the radio series, took the Victorian art of shellcraft to new heights of inventiveness, sophistication and variety.



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# ANDREAS YIASIMI PHOTOGRAPHY

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[contact@andreasyiasimi.photography](mailto:contact@andreasyiasimi.photography)

0781 0007403



**WEDDINGS | LIFESTYLE | EDITORIAL | COMMERCIAL**

# Lifeboats

## Lifeboats Stationed at Sheringham from 1838 to the present day



| Private Lifeboats                  | Dates     |                |
|------------------------------------|-----------|----------------|
| Augusta                            | 1838-1894 |                |
| Henry Ramey                        | 1894-1935 |                |
| RNLI Lifeboats                     | Number    | Dates          |
| Duncan                             |           | 1867 -1886     |
| William Bennett                    | ON 11     | 1886 -1904     |
| J.C.Madge                          | ON 536    | 1904 -1936     |
| Foresters Centenary                | ON 786    | 1936 -1961     |
| The Manchester Unity of Oddfellows | ON 960    | 1961 -1990     |
| Lloyds II                          | ON 986    | 1990 -1992     |
| Inshore Lifeboat                   | D 204     | 1986 -1986     |
| Inshore Lifeboat                   | B 536     | 1992 -1993     |
| Lions International                | B 539     | 1993 -1994     |
| Manchester Unity of Oddfellows     | B 702     | 1994 -2007     |
| The Oddfellows                     | B 818     | 2007 - to date |

### History

In the 1800's Sheringham was a small fishing village and its population relied on the sea for their livelihood. At that time *Lower Sheringham*, where the fishermen lived, was a small fishing village with only a few cottages and fish curing houses; cod or lobster were the main catch, according to season. The *Upcher family* encouraged the fishing industry and supplied the first lifeboat named *Augusta* in 1838. The first RNLI Lifeboat arrived at Sheringham in 1867 and since that time there have been a further 11 RNLI lifeboats stationed in the town.

Following a comprehensive review of the lifeboat cover, it was determined there was a definite need for one of the new breed of the fast inshore 'Atlantic' lifeboats to be stationed on the east coast. Thus in 1994 the first Atlantic

75 (B702) Lifeboat to be placed on active service was stationed at Sheringham and named '*The Manchester Unity of Oddfellows*' after the Independent Order of Oddfellows, who bought her for the station. In 2007, the new Atlantic 85 (B818) *The Oddfellows* also financed by the Independent Order of Oddfellows was placed on station and is the current Lifeboat.

Additionally Sheringham supports two Lifeboat Gift shops, one in the Lifeboat Station and one on the High Street. Further information can be obtained from the web site [www.sheringhamlifeboat.co.uk](http://www.sheringhamlifeboat.co.uk) and on Facebook.

**Sheringham Lifeboat Station**

**Tel 01263 823 212**



# RNLI Lifeguards



Photo: RNLI

The north Norfolk coast is a beautiful place to visit in the summertime, its numerous beaches being one of the main attractions. RNLI lifeguards patrol on six beaches in the area during the summer months, keeping them safe for locals and tourists alike. Sheringham has two beaches patrolled by the lifeguards. Sheringham West is patrolled May-Sept by three lifeguards. Sheringham East is patrolled July-Sept by two lifeguards. During these periods beaches are patrolled between 10am and 6pm, seven days a week.

If you are planning a day out at the seaside, it is important to remember to always swim at a lifeguarded beach. The lifeguards will operate a flag system to keep all water users safe:

**Red and Yellow flags:** These flags will be raised to indicate the safest area to swim. Make sure you always stay in between the red and yellow flags when swimming or bodyboarding, where the lifeguards can see you.

**Black and White Flags:** The black and white flags indicate the zone for surf craft. If you are surfing or kayaking, stay between the black and white flags.

**Red Flag:** If this flag is raised at the lifeguard hut or on the beach it means NO SWIMMING. It is unsafe to enter the water if the red flag is flying.

**Orange Windsock:** This means that there are strong winds blowing out to sea, and that it is not safe to use inflatables. Do not take inflatables into the water if the windsock is flying.

If you are going swimming or surfing in the sea this summer, make sure you always go with a friend. If you should find yourself in trouble or out of depth, raise your hand in the air, shout for help and wait for a lifeguard to come to your assistance. If you have a bodyboard, surfboard or inflatable, do not let go of it as it is keeping you afloat.

When you get to the beach, go and speak to the lifeguards and ask them about the tides, weather forecast and the best times for you to swim safely. They are very friendly and are happy to help! Emergency only calls for lifeboat assistance should be made by dialling 999 and asking for 'Coastguard'.

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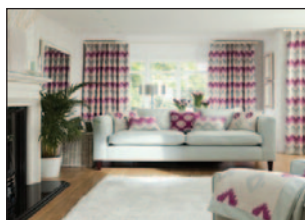
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# Places of Worship

## St Peter's Church (Church of England)

Church Street  
Sheringham  
NR26 8QS  
Tel: 01263 820040  
Website: [www.achurchnearyou.com](http://www.achurchnearyou.com)  
Twitter: @rockandkeys  
Facebook: /StPetersSheringham

Church Hall is available for hire

Worship time:

### Sundays

11.00 am Parish Communion

### Thursdays

11.00 am Holy Communion (Book of Common Prayer)

See our website or facebook page for Info about Monday Morning cuppa, Noah's Ark and any other events.

## St. Andrew's Methodist Church

\* Details were provided as the Church is coming out of lockdown and may change during the year - please check the church website at [www.sheringhammethodist.org.uk](http://www.sheringhammethodist.org.uk) or ring the Church Administrator 01263 823420 or 07889 694086 for up to date information.

St. Andrew's Methodist Church, Sheringham, NR26 8SA

### WORSHIP

Sundays 10.30 am. Morning service

Fridays - 10.00 am Short service of Holy Communion (currently 1st Friday of month)

**WEEKLY/MONTHLY EVENTS** (most groups break for summer holiday time)

### Monday:

10.00 am Ladies Fellowship Choir,  
10-2 & 2-4 Bowls Club

### Tuesday:

10-2 & 2-4 Bowls Club

### Wednesday:

11.00 - 1.00 Do Drop In Community Cafe  
2.30 pm (fortnightly) Sheringham Stroke Support Group  
2.30 pm Bowls Club  
7.00 pm Table Tennis Club

### Thursday:

10.00 am Bowls Club  
2.00 pm Crafties Handicraft Group (3rd. Thursday - monthly)  
4.00 pm Singing Simcha (1st. Thursday - monthly)  
7.00 pm Badminton Club

### Friday:

10.00 am Holy Communion (currently monthly, but may become weekly again)  
10.45 am Coffee Morning (currently monthly, but may become weekly again)  
2.00 pm Bowls Club

### Saturday:

Occasional Craft Fairs, Table top sales, Coffee mornings etc.....

### ANNUAL EVENTS:

Our renowned Flower Festival is usually held at the beginning of July, with stunning floral arrangements, refreshments, music, stalls.

The Church is wheelchair friendly, has toilet facilities for the disabled, and offers a warm welcome to everyone at all worship and events. We are registered with Sight Loss Friendly Churches, and have a braille hymn book available. For more information please contact the minister on 01263 478283

Built and opened in 1968 the church is light and modern, with a beautiful stained glass window, upholstered pews and many other special symbolic features. It is easily identified by the exterior tall white tower which has a cross on each side at the top.

[www.sheringhammethodist.org.uk](http://www.sheringhammethodist.org.uk)



# Places of Worship

## Sheringham Salvation Army

Cremer Street, Sheringham NR2 6DZ, United Kingdom

Email address: [Sheringham@salvationarmy.org.uk](mailto:Sheringham@salvationarmy.org.uk)

Phone: 01263 826059

### Worship

Sunday 11am

### Monday:

9.30am – 11.30am Little Stars Toddler Group

2pm – 3.30pm (every second and fourth Monday) Quest group - exploring faith in modern life

### Tuesday:

2pm– 4 pm Sewing Sisters – men also welcome. Bring textile or fabric projects to work on in the company of others

7.30pm Open Word Bible Study – open to all.

### Wednesday:

10am – 12.30pm Connect Club - Adult activity club

### Thursday:

10am – noon (re-starting in November) Open Door drop in (coffee morning, benefit advice, internet access, Parish Nurse and Community Manager support)

2pm – Walking Group gentle walk around the local area

### Friday:

10am – Bereavement Care Support Group

10am – Art Group

### Saturday:

10.30 am Fortnightly Solo link Group – for people who live alone to support each other

Foodbank available weekdays – subject to appointment. Please ring the hall on 01263 826059 and speak to Carol McKean (Community Manager) or Majors Alex and Janet Bishop.

### Charity Shop

<https://www.salvationarmy.org.uk/sheringham-charity-shop>

20 Church Street, Sheringham NR26 8QS

United Kingdom

Phone: 01263 823468

Photo: Tina Ewart

## Life Church

Life Church is a family that everyone can join. Jesus makes no distinctions; he welcomes all and his offer of forgiveness and new life is open to all. All ages and stages are welcome. We want everyone to enjoy and grow in God's family, with everyone playing their part by using their passions, gifts, skills and love.

We belong to Relational Mission, part of the newfrontiers family of Churches. A family of churches committed to seeing lives transformed by the grace of God all over the world.

On Sundays, our meetings are from 10.30am.  
For further information about all our other activities go to:

[www.lifesheringham.co.uk](http://www.lifesheringham.co.uk)  
or contact us on:

A: Life Church, Cromer Road, Sheringham, NR26 8RR  
E: [mail@lifesheringham.co.uk](mailto:mail@lifesheringham.co.uk)  
T: 01263 478230  
TW: @lifesheringham  
FB: Life Church Sheringham.

## The Catholic Parish of Sheringham and Cromer

The Catholic Parish of Our Lady and St Joseph, Sheringham and Cromer, has services at Our Lady of Refuge, on the Overstrand Road, Cromer (next to the golf club) and at St Joseph's on Cromer Road, Sheringham. Further details can be found online at [www.ourladyandstjoseph.info](http://www.ourladyandstjoseph.info). The parish email address is [ourladyandstjoseph@btinternet.com](mailto:ourladyandstjoseph@btinternet.com) and the Parish Priest can be contacted on 01263 822036.

Weekend masses are on Saturday (anticipated) and 6pm at Our Lady of Refuge, Cromer and on Sunday at 9am at Our Lady of Refuge, Cromer and 11am at St Joseph's, Sheringham. When possible, a Mass is said at St. Andrew's (C of E), Holt on Thursday at 9.30am. The Sacrament of Reconciliation is on Saturday at 9.30am to 10am at St Joseph's, Sheringham and on Saturday at 5-5.30pm at Our Lady of Refuge, Cromer.

## Lighthouse Community Church

Jesus is central to who we are - Community is what we are about - Life is what we are living!

Check us out Sundays 10.15am for our main Community meet up.

Check out the website for a window into who we are.

Welcome Home

[www.lighthouseheringham.org](http://www.lighthouseheringham.org)

Find us on Facebook

## Sheringham Quakers

Quakers are a faith group committed to working for equality and peace.

Quaker faith is a search for truth, not an arrival.

Quakers don't use traditional religious structures or paid ministers. We share responsibility for what we do because everyone has a valuable contribution to make.

A Quaker meeting for worship can be held anywhere, at any time. Every meeting for worship begins in silence. We use it to open ourselves to the wisdom that comes out of stillness. It enriches us and shapes us, individually and collectively. This is what we mean by 'worship'.

Our understanding of God is shaped by personal experience; different people use words that they find helpful and meaningful.

Meeting for Worship takes place for an hour on Sunday mornings at 10.30am

There is a Children's Meeting by prior arrangement - please e-mail

### Room Hire

Meeting Room (with hearing loop) £6 an hour;

Committee Room £4 an hour

Also available at the Meeting House:

Kitchen facilities.

A small enclosed garden that can also be available to hirers by arrangement

Sheringham Local Quaker Meeting

Cremer Street, Sheringham, NR26 8DZ

Contact the Clerk on 01263 823222 or by email on [sheilagoldsmith@yahoo.co.uk](mailto:sheilagoldsmith@yahoo.co.uk)

To advertise in the next Sheringham  
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or email [gary@falconpublications.co.uk](mailto:gary@falconpublications.co.uk)

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# Clubs, Societies and Associations

## Health and Welfare

British Red Cross: 01603 426361 / 01603 253403

(Equipment loans only)

Macmillan Cancer Support: 0808 808 0000

Sheringham Community Support: 07423 677192 /  
cssheringham@gmail.com

Sheringham Dementia Friendly Community (Liz  
Withington): 07905 292897, secretarysdfc@gmail.com

Sheringham Stroke Support Club (Chris Sharp): 07932  
168457

Singing for Health (Tina): 07771 605188,  
tina@playingforcake.uk

## Clubs and Societies

Beeston Common Management Group (volunteer  
conservation organisation) Francis Farrow:  
hon.warden@btinternet.com

Cameos (Marion Price): 01263 821462

Cromer and Sheringham Brass Band (Jane Bussey):  
01263 821013

Cromer and Sheringham Operatic and Dramatic Society  
(Amanda Howell): 01603 738356

Fair-trade for Sheringham (Barbara George): 01263  
822003

Harmony Choir - Sue Wallace - 01263 822310

Kelling Probus Club (John Whittington): 01263 820333

Poppy Crafters (Shirley): 01263 823499 (evenings  
between 6 and 8pm)

RNLI (volunteering): 0300 300 9990

Royal Air Forces Association Sheringham and District  
Branch (Jack Broughton): 01263 479507

Sheringham and Cromer Choral Society (Jo Hurrell):  
scssec@gmail.com /  
www.sheringhamandcromerchoral.org

Sheringham and Cromer Lions Club (Hazel or Brian):  
01263 821276

Sheringham and Cromer Round Table (Matt McKee):  
07900 268311

Sheringham and Cromer Tangent Club (Laura Girling):  
01263 514985

Sheringham and District Philatelic Society: Gerry 01263  
579529 or Jim 01263 721043

Sheringham District Ramblers: [www.norfolkra.org.uk](http://www.norfolkra.org.uk)

Sheringham Folk Dance Club (Margaret Farley): 07717  
161828

Sheringham - Muzillac Twinning Association : 01263  
820933 (Madeleine Ashcroft) / [pets.nelson@live.co.uk](mailto:pets.nelson@live.co.uk)  
(Sue Nelson)

Sheringham Otterndorf Twinning Association: Derick  
Bowler - 01263 833866 or Madeleine Ashcroft - 01263  
820933

Sheringham Plastic Aware (Liz Withington): 07905  
292897, [sheringhamplasticaware@gmail.com](mailto:sheringhamplasticaware@gmail.com)

Sheringham Recycled Teenagers Friendship Group (over  
50s) - Anne 01263 826083 or Janet 01263 822751

Sheringham Royal British Legion (Melanie Clarke): 01263  
588840

Sheringham Sinfonia (Sarah Coleman): 01263 821514



# Clubs, Societies and Associations

Sheringham Society: [secretary@sheringhamsociety.com](mailto:secretary@sheringhamsociety.com)

Sing for Joy Community Choir (Teresa Verney): 07967 866036

Slimming World (Sarah Ramm): 07964 181760

## Sport Clubs

North Norfolk Beach Runners (Vinnie Purdy):  
[secretary@nnbr.co.uk](mailto:secretary@nnbr.co.uk)

North Norfolk Wheelers: [www.nnwheelers.co.uk](http://www.nnwheelers.co.uk)

North Norfolk Hockey Club:  
[www.northnorfolkhockey.com](http://www.northnorfolkhockey.com)

North Norfolk Outdoor Fitness / Nordic Walking (Anita Lusher): 07867 791034

Paul Pretty's Tsunami Martial Arts (Karate and Tai Chi):  
07827 337503, [www.tsunami-martial-arts.com](http://www.tsunami-martial-arts.com)

Sheringham Cricket Club (Chris Moy): 07468 692217

Sheringham Football Club (Matt Hagon):  
[info@sheringhamfootballclub.co.uk](mailto:info@sheringhamfootballclub.co.uk)

Sheringham Golf Club: 01263 823488

Sheringham Morley Social Club - bowls, snooker, pool and bridge (Liz Green): 07780 865151

Sheringham Walking Football Group (Simon O'Leary):  
07881 878081, [simon@companysocial.org.uk](mailto:simon@companysocial.org.uk)

St Andrews Methodist Church Sports Clubs (Badminton, Table Tennis, Bowls): Contact Church administrator on 01263 823420 / 07889 694086

The Reef Leisure Centre: 01263 825675

The Tyneside Club - snooker, pools, darts (memberships available): 01263 822570

## Youth Organisations

Norfolk United Aylsham Netball Club (Joy Haycocks):  
01263 733514

Sheringham and Beeston Regis Sea Scout Group (Beavers, Cubs, Scouts and Explorers) Please register your interest at [www.scouts.org.uk](http://www.scouts.org.uk)

Sheringham Football Club Youth Football (Matt Hagon):  
[info@sheringhamfootballclub.co.uk](mailto:info@sheringhamfootballclub.co.uk)

Sheringham Rainbows, Brownies & Guides. Please register your interest at [www.girlguiding.org.uk/joinus](http://www.girlguiding.org.uk/joinus)

Sheringham Skate Park: [www.sheringhamskate.co.uk](http://www.sheringhamskate.co.uk)

True Motion Dance: 07709 804577

## Local Websites

The following websites include a wealth of information about the town including events, services and clubs:

[www.sheringhamtowncouncil.gov.uk](http://www.sheringhamtowncouncil.gov.uk)

[www.sheringhamcarnivalofficial.co.uk](http://www.sheringhamcarnivalofficial.co.uk)

View the Sheringham webcam at  
[www.visitsheringham.co.uk/webcam](http://www.visitsheringham.co.uk/webcam)

 Sheringham Community Noticeboard

 Sheringham Community Support



# The Reef Leisure Centre



*Artist's impression*

The Reef Leisure Centre is a state-of-the-art new facility in Sheringham, built to the highest standard to be used by everybody.

Built to Sport England standards, The Reef has a six lane, 25 metre pool and a 13m x 8m learner pool with moveable floor allowing depth changes for a variety of uses and classes – both young and old. For younger children, there is also an exciting splash pad with water play features.

The pool is versatile, with a range of different offerings, from more serious exercise swimming and competitive galas to inflatable sessions and play for younger or learning swimmers. Poolside, there is a Changing Places facility, wheelchair and a PoolPod, allowing access for all.

Upstairs, there is a 50 station health and fitness suite, a large dance and activities studio and VR-compatible spinning studio, making it one of the most expansive leisure centres in Norfolk.

The centre is run by operators Everyone Active and features a full range of classes and studio sessions for all abilities and interests.

The building has been designed to be sustainable, with energy saving and energy efficiency measures to have as little environmental impact as possible. It can support over 250 patrons, with ample parking, cycle storage and electric vehicle charging points.

North Norfolk District Council and Everyone Active welcome you to The Reef.

Find out more, including accessibility, sustainability and offerings at: [www.north-norfolk.gov.uk/the-reef](http://www.north-norfolk.gov.uk/the-reef)

You can follow the Council at @northnorfolkdc for more updates and news.





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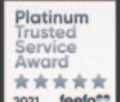
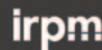
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