

The Official
Sheringham
Town Guide
2025/2026





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Photo: Sally Esau

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Welcome

to The Official Sheringham Town Guide 2025/26

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Falcon Publications

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**Gislingham Road, Thornham Magna
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Tim Groves**

Welcome to Sheringham



Photo: Gareth Gabriel (www.garethgabriel.com)

Welcome to Sheringham, a beautiful seaside town on the North Norfolk coast. Set 'twixt sea and pine', Sheringham offers stunning coastal views, a welcoming community, and plenty of things to see and do. Whether you're visiting for a day or staying longer, there's something here for everyone.

Sheringham's award-winning Blue Flag beach is a favourite with locals and visitors, offering golden sands at low tide and a picturesque promenade (decorated with such delightful murals) that is perfect for a leisurely walk. A climb up Beeston Hill provides wonderful views of the coastline, and on the way back down, enjoy putting at the fun and friendly Beeston Hill putting green or the putting green in town on Station Approach.

Stretching east and west of the town, the Norfolk Coast Path offers scenic routes for walkers, and just a short distance away, Sheringham Park, managed by the National Trust, is famous for its

spectacular rhododendron displays in spring and far-reaching views across the landscape.

Sheringham is home to the North Norfolk Railway, where visitors can feel like they are travelling back in time and enjoy a journey on vintage rolling stock through the countryside to Holt. The Sheringham Little Theatre hosts an amazing variety of live performances including plays, music, and film.

The Mo Museum showcases Sheringham's history and strong maritime connections with a fine display of heritage lifeboats, as does the Fishermen's Lifeboat Museum (connected to the fascinating Peter Coke Shell Museum), while the RNLI Lifeboat Station at the end of the west promenade houses the current serving lifeboat, 'The Oddfellows'.

If you enjoy staying active, The Reef leisure centre offers modern swimming and fitness facilities, and Sheringham's 18-hole links



golf course provides a challenge for golfers on a links course in a spectacular setting.

Sheringham is a town that knows how to celebrate. The Sheringham Carnival Committee leads a Viking Festival that honours the town's Norse heritage and, across the year, brings the community together with the Carnival itself, which includes parades, entertainment and beachside activities, as well as supporting other events like the Potty Festival. One of the most popular events is the 1940s Weekend, when the town transforms with period dress, vintage vehicles and reenactments, offering a nostalgic step back in time.

Sheringham's vibrant high street is home to a mix of independent shops, cafes, restaurants and pubs, offering everything from freshly prepared food and drink to locally made gifts.

Credit must be paid to those who, through the town's churches,

charity and community groups, do so much to serve the local population and visitors in so

many wholeheartedly positive ways. It is only through their commitment and kindness that Sheringham may be the centre for so many in offering support to those in need and sights, delights, and entertainment throughout the year.

Whether you're here for a coastal escape, a fun or cultural experience, or simply to enjoy the relaxed seaside atmosphere and all the high street has to offer, you are welcome, and we hope you enjoy your visit.

Peter Ratcliffe

Mayor of Sheringham and Chair of Sheringham Town Council



Peter Ratcliffe

Sheringham's Annual Events

There are many events in Sheringham throughout the year. Here are a few highlights:

April - Viking Festival

April - Easter Bonnet Parade

May - Crab & Lobster Festival

June - Classic Car & Bike Show

July - Potty Morris Festival

July - Opening of the Little Theatre Season



**July / August - Carnival events including
Raft Race and Parade**

**November/ December - Christmas Lights
Switch-On**

August - RNLI Lifeboat Day

December - Santa Specials NNR

September - NNR 1940s Weekend

**To find out more details and specific dates
for each year go to
experiencesheringham.com or
sheringhamcarnival.com**





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Council Information



Photo: Sally Esau

Sheringham Town Council

Sheringham Community Centre

Holway Road

Sheringham

NR26 8NP

Telephone: 01263 822213

www.sheringhamtowncouncil.gov.uk

Opening Times: 9am – 2pm, Monday to Friday.

No appointment needed

Town Clerk: Michelle Barron, Projects Officer: Mel Ashcroft, Finance Officer: Treena Paul, Project Support Officer: Jane Steed, Maintenance Technician: Russell Cox and Senior Caretaker: Jonathon Bott. Casual Caretaking & Gardening Staff.

16 Volunteer Town Councillors. To become a Councillor, please contact the Office Team for further information.

Sheringham Town Council are custodians of the Town Assets which include the Weybourne Road Allotments, Cemetery and Memorial Garden, Putting Greens, Town Clock, Footway lights and the Commons. The Town Council also organise civic events such as Remembrance Sunday.



North Norfolk District Council

Council Offices

Holt Road

Cromer

Norfolk, NR27 9EN

Opening times: Monday, Tuesday & Thursday - 8.30am-5pm, Wednesday - 10am-5pm, Friday - 8.30am-4.30pm.

Tel: 01263 513811

www.north-norfolk.gov.uk

Responsibilities include benefits, council tax collections, environment and waste, housing, planning & design, street cleaning and leisure facilities amongst others.

Norfolk County Council

County Hall

Martineau Lane

Norwich, NR1 2DH

Opening times: Monday to Friday 9am-5pm

Tel: 0344 800 8020 (Main switchboard)

www.norfolk.gov.uk

Responsibilities include Social Services, Trading Standards, Fire & Rescue, transport and education amongst others.

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Sheringham's History



"History with its flickering lamp stumbles along the trail of the past, trying to reconstruct its scenes, to revive its echoes, and kindle with pale gleams the passion of former days" (Winston Churchill)

The story of Sheringham stretches back over many centuries and is built around tales of ordinary folk who settled below the glacial moraine (the Cromer Ridge) left by the last Ice Age. The fossil record of the area has pointed to a marshland once inhabited by Mammoths, Wild Boar and Tigers to mention but a few species. David Barber, a local artist, has caught this period on the wall mural facing out to the North Sea, below the Two Lifeboats Hotel and The Crown Inn. Evidence in the form of fossilized bones has come out of the Cromer Forest Bed, with an almost complete skeleton of a Mammoth being recovered in 1990 from near West Runton and other bones from the cliffs below Beeston. Examples of flint Neolithic axes and arrow heads have been found on the beach with many good examples of the flint knappers work being seen in Sheringham and other Norfolk Museums. The area now

occupied by our town was wandered by nomadic hunter gatherers, following the herds of mammoths that gave food and skins for tents and clothing.

Research by local historians points to an early settlement being that of Scira's people. "ham" is an Anglo Saxon word for "small village", so we have the ham of Scira's people. Scira being of Danish origin possibly being linked with the Danes who came to settle in this part of East Anglia in approximately 750AD. Evidence of the possibility of early Roman settlement was discovered in 1956, when a domestic kiln was discovered whilst excavating at the Upper Sheringham Council Depot. Greyware Roman pottery was recovered.

The Domesday Survey completed in 1086 is the first real mention of Sheringham. In the survey the settlement is recorded as Silingham and tells us that it was made up of a population of 28 (10 villagers, 12 smallholders, 5 slaves and 1 freeman.) The Survey also mentions a 4-acre meadow, woodlands, 100 pigs, a church and church lands.



The Lord of the Manor in 1086 was William of Ecouis. The mention of a church is probably that of the wooden structure that is thought to stand on the site prior to that of the current one of All Saints, Upper Sheringham being erected about 1400.

Records of the 17th and 18th centuries record storms that ripped into the cliffs taking chunks of land away (1789 and 1795). The storm of 1795 damaged land in front of the Crown Inn. Five years later in 1800 the Crown finally succumbed and crashed onto the beach.

In the wake of the Industrial Revolution 1760 - 1830 we saw the transition from hand production methods to that of machines, new chemical manufacturing and iron production processes, the increased use of steam power, the development of steam power, the development of machine tools and the rise of the factory system. Although this had no immediate impact on Sheringham the foundations were being laid for a century of change and development in Sheringham, reflecting that which was happening in other parts of the country. In 1805 a House of Industry, Workhouse, was built in Upper Sheringham. This was followed in 1811 by the Enclosure Award.

Just over 200 years ago, in 1812, the owner of the Manor of Sheringham, Cook Flower, sold it to Abbot Upcher. So began

the relationship of the Upcher Family with the folk of Sheringham. The family's benevolence and impact on the life and development of Sheringham had begun and would be transformational.

Railways had started to join towns and cities and the coast. From the 1840s a national railway network started to develop. It was on 16th June 1887 that the biggest factor in promoting growth in the town happened - the railway came to Sheringham. Now there was a direct line to London (3 hours 13 minutes) which in it's heyday had 64 trains a day passing in and out of the station. With this came the development of what had been arable land. The Upcher family sold blocks of land for building - The Sheringham Building Estate - which included what we now know as Augusta Street; The Boulevard; North and South Streets; St Nicholas Place and Links Road to mention some. At the same time the Upcher family gave land for the building of a church with St Peter's being completed in 1897 at a cost of £8000. This last decade of the 19th century saw rapid development and the changing from a small fishing village, just down the coast from fashionable Cromer, into a thriving seaside town in its own right!

In the early 20th century Sheringham attracted the wealthy and famous. People came to Sheringham for the benefits of the sea and coastal climate, as well as to visit friends and



join house parties arranged by those who had built holiday homes or taken lodgings for the season. The internationally renowned photographer, Olive Edis, who had her studio in Sheringham and was not just famous for her portraits of local fishermen and local people, but also photographic portraits of celebrities and Royalty. Amongst those who visited and stayed in the town were Captain Robert Scott, Ernest Shackleton, Arthur Conan Doyle, Vaughan Williams, Albert Einstein, together with politicians, literary figures and the celebrities of the first two decades of the 20th century.

Much more can be found out about those people who came to stay and live in the town through the displays and special exhibitions that feature in Sheringham Museum.

Today Sheringham is known as the Premier Seaside Town on the North Norfolk Coast with 1000s of people flocking here to holiday during the year. Often car parking places are at a premium. Alas the main line railway closed in the 1960s as part of the Beeching report hit the future of many rural lines and stations. Today part of the line is run as a heritage steam railway by the NNR. This alone attracts 1000s of visitors to the town. The wonderful floral displays that have given Sheringham Britain in Bloom awards, the golden sandy beaches and the extensive walks along the cliffs and through the woods of Sheringham Park and Pretty Corner, together with a nationally acclaimed museum on the sea

front are all great attractions. The museum has been awarded the accolade of 'Hidden Gem' by Visit England!

The fascinating story of Sheringham can't be done justice to in these few introductory words. For those of you who want to find out more please visit Sheringham Museum - Open from March to the end of October, Monday to Saturday from 10am - 4.30pm.

Sheringham is a unique place with a very special atmosphere. Residents and visitors alike make the most of the variety of shops and attractions and the friendly welcome that always awaits one and all.

Tim Groves



*The Deep History Coast

The unique Deep History Coast is home to the earliest evidence of humans in Britain with footprints left by the UK's first tourists nearly a million years ago. The UK's biggest mammoth skeleton remains were found at West Runton. The Deep History Trail covers 36kms of coastline from Weybourne to Cart Gap along the North Norfolk clifftops. With eleven discovery points - one of which is in Sheringham - along the way, you can find out what the landscape looked like hundreds of years ago.

Download the free Augmented Reality App to meet people and creatures from the past, play games and discover more about the Deep History Coast.



Sheringham Museum



Photo: Sally Esau

Sheringham Museum is proof that 'from a small acorn a mighty oak may grow!' It is now over 35 years since enthusiasts for the town's history sat round the table in the council chamber laying the first seeds for the development of a museum in Sheringham. Following a popular Family History Day at St Andrews Methodist Church in 1988, highlighting the history of fishing families and others, a discussion started about how the many facets of the town's history could be collected and put on permanent display.

From the early days in the late 1980s and early 1990s, to the collecting of lifeboats and the growth of the museum to the present site on the East Promenade, none of the development would have been possible without the backing of the Heritage Lottery Fund and the Arts Council. We are also incredibly fortunate to have the backing of our Patrons, Town Council and the independent museum community. Thanks to enthusiasm, expertise and a desire to succeed, Sheringham, in 2025, has a Museum that they should be rightly proud of and one that has a growing reputation nationally.

The Museum possesses at the Mo site four of Sheringham's

lifeboats spanning over 120 years of heroic service. It is the only place in the world where you will find such a collection of lifeboats that served a town.

The Museum is a "Place for People & Boats". Through well developed exhibitions over three floors the story of Sheringham is told. The Mammoth, standing on the balcony overlooking the area where they were once a common sight, tells of the early history together with a well organised fossil record. The replica shops and the story of the rapid development following the coming of the railway in 1887, tell of fishermen developing into early entrepreneurs together with a growth in population as Sheringham establishes itself as a popular seaside holiday destination. Knitted Ganseys and the traditions behind them are celebrated by permanent collections.

Brilliant online education resources have established a popularity amongst schools to visit throughout the year. Posts on FaceBook have proved a popular forum for sharing information about all aspects of Sheringham History. www.sheringhammuseum.co.uk.



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North Norfolk Railway



Photo: Steve Allen

From the smart Victorian seaside resort of Sheringham to the Georgian town of Holt, the North Norfolk Railway runs through the county's most stunning coastal scenery.

Operated almost entirely by volunteers from all walks of life, the line, known as the Poppy Line, is East Anglia's premier heritage railway. Operating a varied timetable, passengers can take a journey back in time relaxing in carriages from times gone by whilst Steam and Diesel locomotives take the strain.

The railway's headquarters in Sheringham is more than just a station. The Old Luggage Office is now a great place to drop in for a sweet treat or top up on tea, and the well-stocked souvenir shop is the ideal place to pick up a gift. The attractive Booking Hall and Ladies' Waiting Room also make for great photo opportunities! The station is ideally

situated for those wishing to take a stroll through the town and walk along the promenade before joining your train.

Other stations include Weybourne where you enjoy a cuppa, a picnic or a stroll in the woods or down to the sea and Holt, the western terminus just a mile from the lovely market town centre. Situated at Holt Station, the William Marriott Museum, houses many artefacts, documents and other bygones from the age of steam in East Anglia.

The Railway holds many special events throughout the year including Steam Back to the Forties, Norfolk Lights Express and Santa Specials. There are also a range of special dining train experiences including cream teas, fish and chips and even gin trains!

www.nnrailway.co.uk



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Primary Education

Sheringham Community Primary School & Nursery



We are a large, vibrant and thriving community school who are dedicated to the development of the whole child. Rachael Carter has been our Headteacher since 2015 and we cater for children from ages 4 to 11 plus have our own Nursery, run by a qualified teacher, which takes children from their 3rd birthday. Our Nursery offers up to 30 hours of funded childcare. Our outdoor facilities include a forest school, wildlife and pond area, garden, large astro-turf and field with trim trail and gym equipment.

We aim to create a happy, creative, co-operative and imaginative environment, where the maximum is expected of everyone's individual abilities and where we all grow to appreciate the pleasure of learning in its widest sense. We want the children to develop and become resourceful, resilient, responsible, reflective and reasoning learners who are well prepared, excited, and ready for the next stage of their learning journey.

Our school motto; **'Be all that you can be ...'** encapsulates everything that we strive for in our school.

As a community school we believe wholeheartedly that it takes a whole community to ensure that the children in our care receive the best education possible. We foster quality partnerships between governors/ parents/ teachers/ children/ community and a sense of security is maintained throughout the school.

We are an OFSTED graded 'Good' school (2023) who commented that, "Pupils ... learn in a happy and safe school

community ... enjoy positive

relationships with caring staff," and that we have "embedded an ambitious curriculum for all pupils, including pupils with special educational needs and/or disabilities (SEND)."

Bright Stars is our fantastic breakfast, after school and holiday club. Situated next to the school, it provides wrap around care for children aged 4-12. Staff will take children to school and collect them at the end of the day, providing them with healthy snacks and a variety of indoor and outdoor play experiences.

We share a campus with Sheringham Woodfields School and Sheringham High School.

For further information or to arrange a visit please contact the school office on **01263 823848** or email office@sheringhamprimary.norfolk.sch.uk

Ladybird Pre-School Nursery



Ladybird Pre-School Nursery is staffed by dedicated, experienced and mindful practitioners who provide opportunities for rich learning experiences, supporting your child to receive the best possible start to their education.

Open Monday - Friday, 8am-5pm (term time only). Children can start from the age of 18 months.

Tel: **01263 824325**

www.ladybirdnurserysheringham.co.uk

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Weybourne Rd, Sheringham

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Secondary Education



Sheringham High School

Sheringham High School is an 11-18 academy serving the students of Sheringham and North Norfolk. Students travel to Sheringham High School from a large catchment area and beyond.

We are a popular school that caters for approximately 750 students and offers a broad and ambitious curriculum for all. Our sixth form offers over 25 academic or vocational courses to students who go to University, Apprenticeships or Employment across the world.

Our facilities are excellent and include music rooms, drama studio, 3G football pitch, gymnasium, tennis courts, specialist motor vehicle resources, a school allotment (The Patch), extensive fields, art and photography studios and a Sixth Form building. We share a site with Woodfields School: An excellent complex needs school.

The progress that students make is consistently above

national average and particularly strong in our sixth form.

We believe in a holistic education and as such have an extensive programme of Personal Development Days, trips, visits, residential and excursions abroad. This includes theatre trips, skiing, University visits, sports fixtures and competitions and work experience for all students in years ten and twelve.

We believe in forging positive relationships, we have high expectations and offer a first class education.

In September 2021 we joined Synergy Trust allowing us to work in partnership with three secondary schools and eleven primary or junior schools, both from within and outside our catchment area.

You can find out more by visiting our website at

www.sheringhamhigh.co.uk



Complex-Needs Education



Sheringham Woodfields School

Sheringham Woodfields School is a purpose-built complex-needs school on the outskirts of Sheringham. We share a campus with Sheringham High School and Sheringham Primary School, allowing us to work together and facilitate inclusion. Our pupils come from a wide geographical area of Norfolk, most are provided with local authority transport. We have 158 pupils on roll and our age range is from nursery age to sixth form. Our pupils have a diverse range of special educational needs. All pupils have an Education, Health and Care Plan.

A key part of our work is about preparing our pupils for the next steps in their life through encouraging independence, life skills and being part of the community. We also operate a



successful charity shop in Sheringham Town Centre, and have done so for over ten years. Make sure to visit Woodfields Den when you are next in town!

Rated Outstanding by Ofsted in early 2024, we provide an inclusive education for all and are very proud of the community we serve.

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NR26 8RG

www.rogerleeopticians.co.uk

Health and Welfare

Photo: Sally Esau

Doctors

Sheringham Medical Practice

Cromer Road, Sheringham, NR26 8RT

Enquiries and appointments: 01263 822066

www.sheringhammedical.nhs.uk

Advice

NHS 111 Service

111 is the NHS non-emergency number. It is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones. For immediate life-threatening emergencies continue to call 999.

Dentists

Together Dental

5 Augusta Street, Sheringham, NR26 8LA

Tel: 01263 823119

www.together.dental/sheringham

Out of Hours Emergency Dental Advice

Telephone NHS Advice service on 111

Pharmacies

Boots

46 High Street, Sheringham, NR26 8DT

Tel: 01263 824070

Jhoots Pharmacy

31 Station Road, Sheringham, NR26 8RF

Tel: 01263 823128

Opticians

Specsavers

29 High Street, Sheringham, NR26 8DS

Tel: 01263 821457

www.specsavers.co.uk

Roger Lee Optometrists

60 Station Road, Sheringham, NR26 8RG

Tel: 01263 824682

www.rogerleeopticians.co.uk

Hearing Care

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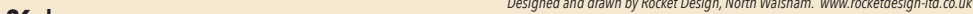
Minor Injuries

Cromer Hospital's Minor Injuries Unit (MIU)

Open seven days a week from 8am to 7.45pm (the doors may close earlier at the discretion of the nurses. If in doubt, please ring). Reception tel: 01603 646230

The hospital is situated in Mill Road, Cromer, NR27 0BQ

An illustration of a 'MARINE CONSERVATION ZONE' enclosed by a dashed white line on a blue background. Inside the zone are three blue fish, a red crab on the left, and an orange crab on the right. The text 'MARINE CONSERVATION ZONE' is written in white capital letters in the center, with radiating lines around it.



THE BEACH

Sheringham has an award-winning Blue Flag beach made up of sand with areas of shingle and larger stones. At low tide there is plenty of golden sand for families to sunbathe and explore the rock pools filled with miniature marine life. However, as the tide comes in the beach all but disappears, giving you the ideal opportunity to explore this charming town.



Photo: Gareth Gabriel (www.garethgabriel.com)



Photo: Gareth Gabriel (www.garethgabriel.com)



Photo: Gareth Gabriel (www.garethgabriel.com)

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Sheringham Little Theatre is an intimate and welcoming arts venue packed with entertainment for all tastes and ages.



A community theatre that likes to get the community involved in our shows – from local 'am drams' to our own youth groups staging drama and musicals.

Sheringham Little Theatre

2 Station Road, Sheringham NR26 8RE

www.sheringhamlittletheatre.com

Box Office: 01263 822347

Keep in touch



The Arts in Sheringham



Photo: Sally Esau

For centuries, artists have found inspiration amidst the picturesque streets, countryside and beaches of Sheringham and North Norfolk as a whole.

Today this is as true as ever as Sheringham is still home to many artists whose studios can be seen visited as part of the Norfolk Open Studios trail each year. Galleries in the town specialise in both local and national art. Art lovers should head to the seafront to view the impressive Sheringham Art & Sculpture Trail which has transformed the barren areas of the concrete sea defence.

The town's Peter Coke Shell Gallery is home to almost 200 colourful, delicate and stunningly realistic sculptures made with shells from all over the world. Peter Coke, actor and playwright, famous for his role as Paul Temple in the radio series, took the Victorian art of shell craft to new heights of inventiveness, sophistication and variety.

In the heart of the town, Sheringham Little Theatre offers a wide range of drama, music, cinema and live screenings to appeal to a wide audience. Renowned for being one of the last remaining outposts of a summer theatre season, it is also home to the smallest stage of any professional theatre in the UK.

The town is also home to the Potty Festival of Morris Dancing where dancers from across the country meet. In 2018, they even set the Guinness World Record for the largest Morris Dance with an amazing 369 dancers from 33 sides taking part. In 2025 the Festival is taking place from July 5th-6th.



Lifeboats

Lifeboats Stationed at Sheringham from 1838 to the present day

Private Lifeboats	Dates	
Augusta	1838-1894	
Henry Ramey	1894-1935	
RNLI Lifeboats	Number	Dates
Duncan		1867-1886
William Bennett	ON 11	1886-1904
J.C.Madge	ON 536	1904-1936
Foresters Centenary	ON 786	1936-1961
The Manchester Unity of Oddfellows	ON 960	1961-1990
Lloyds II	ON 986	1990-1992
Inshore Lifeboat	D 204	1986-1986
Inshore Lifeboat	B 536	1992-1993
Lions International	B 539	1993-1994
Manchester Unity of Oddfellows	B 702	1994-2007
The Oddfellows	B 818	2007 - to date

Photo: Chris Taylor
(christaylorphoto.co.uk)

History

In the 1800's Sheringham was a small fishing village and its population relied on the sea for their livelihood. At that time **Lower Sheringham**, where the fishermen lived, was a small fishing village with only a few cottages and fish curing houses; cod or lobster were the main catch, according to season. The **Upcher family** encouraged the fishing industry and supplied the first lifeboat named **Augusta** in 1838. The first RNLI Lifeboat arrived at Sheringham in 1867 and since that time there have been a further 11 RNLI lifeboats stationed in the town.

Following a comprehensive review of the lifeboat cover, it was determined there was a definite need for one of the new breed of the fast inshore 'Atlantic' lifeboats to be stationed on the east coast. Thus in 1994 the first Atlantic

75 (B702) Lifeboat to be placed on active service was stationed at Sheringham and named '**The Manchester Unity of Oddfellows**' after the Independent Order of Oddfellows, who bought her for the station. In 2007, the new Atlantic 85 (B818) **The Oddfellows** also financed by the Independent Order of Oddfellows was placed on station and is the current Lifeboat.

Additionally Sheringham supports two Lifeboat Gift shops, one in the Lifeboat Station* and one on the High Street. Further information can be obtained from the web site www.sheringhamlifeboat.co.uk and on Facebook.

Sheringham Lifeboat Station

Tel 01263 823212

***At the time of going to print, the Sheringham Lifeboat Station is temporarily closed due to safety concerns with the building.**

HM Coastguard



HM Coastguard coordinates all maritime search and rescue operations in the UK through a network of coastguard stations, operating 24 hours a day. Staff in operations rooms coordinate the response to a variety of incidents from mud, cliff and water rescues to searches for missing people, or vessels missing at sea.

Like the police, fire and ambulance, the coastguard is an emergency service with the same 999 number. When a 999 call is made the operations room alert the local team through a messaging service requesting attendance.

Sheringham Coastguard Rescue team is one of over 300 such teams based around the coast of the UK. The team is made up of volunteer coastguard rescue officers (CROs) who are trained to carry out rescues and help those in distress on our coast.

We are based in Sheringham fire station, the CROs come from all walks of life and live in Sheringham or the surrounding villages. It's a small and friendly team that are ready to respond at any time of the day or night, whatever the weather or conditions.

We train throughout the year in casualty care, water rescue, search techniques, ordnance, map work, communications, and cliff rescue.

In an emergency we may be supported by our neighbouring coastguard rescue teams from Cromer and Wells, by a Coastguard rescue helicopter, and by the Sheringham RNLI lifeboat.

For more information about HM Coastguard, including volunteering, visit hmcoastguard.uk and follow the Sheringham Coastguard Rescue Team on Facebook.



RNLI Lifeguards



Photo: RNLI

The north Norfolk coast is a beautiful place to visit in the summertime, its numerous beaches being one of the main attractions. RNLI lifeguards patrol on six beaches in the area during the summer months, keeping them safe for locals and tourists alike. Sheringham has two beaches patrolled by the lifeguards. Sheringham West is patrolled May-Sept by three lifeguards. Sheringham East is patrolled July-Sept by two lifeguards. During these periods beaches are patrolled between 10am and 6pm, seven days a week.

If you are planning a day out at the seaside, it is important to remember to always swim at a lifeguarded beach. The lifeguards will operate a flag system to keep all water users safe:

Red and Yellow Flags: These flags will be raised to indicate the safest area to swim. Make sure you always stay in between the red and yellow flags when swimming or bodyboarding, where the lifeguards can see you.

Black and White Flags: The black and white flags indicate the zone for surf craft. If you are surfing or kayaking, stay between the black and white flags.

Red Flag: If this flag is raised at the lifeguard hut or on the beach it means NO SWIMMING. It is unsafe to enter the water if the red flag is flying.

Orange Windsock: This means that there are strong winds blowing out to sea, and that it is not safe to use inflatables. Do not take inflatables into the water if the windsock is flying.

If you are going swimming or surfing in the sea this summer, make sure you always go with a friend. If you should find yourself in trouble or out of depth, raise your hand in the air, shout for help and wait for a lifeguard to come to your assistance. If you have a bodyboard, surfboard or inflatable, do not let go of it as it is keeping you afloat.

When you get to the beach, go and speak to the lifeguards and ask them about the tides, weather forecast and the best times for you to swim safely. They are very friendly and are happy to help! Emergency only calls for lifeboat assistance should be made by dialling 999 and asking for 'Coastguard'.

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Places of Worship

St Peter's Church (Church of England)

Church Street

Sheringham

NR26 8QS

Tel: 01263 820040

Website: www.achurchnearyou.com/church/10042/

Email: stpeterschurchsheringham@gmail.com

X: @rockandkeys

Facebook: /St Peters Church, Sheringham

Church Hall is available for hire

Worship time

Sundays

10.00am Parish Communion

Thursdays

11.00am Holy Communion (Traditional)

See our website or facebook page for Info about Monday Morning cuppa, Noah's Ark and any other events.

St. Andrew's Methodist Church

St. Andrew's Methodist Church, Sheringham, NR26 8SA are:

WORSHIP

Sundays: 10.30am: Morning service

Fridays: 10am: Short service of Holy Communion (1st Friday of month)

WEEKLY/MONTHLY EVENTS (most groups break for summer holiday time)

Monday:

10.30am: Ladies Fellowship Choir

10am-2pm, 2pm-4pm & 7pm-9pm: Bowls Club

Tuesday:

10am-2pm & 2pm-4pm: Bowls Club

10am-1.30pm (summer), 10am-3pm (winter): Warm Welcome Space (soup and a roll lunch in winter)

Wednesday:

11am - 1pm: Do Drop In Community Cafe

2.30pm (fortnightly between March and Dec):

Sheringham Stroke Support Group

2pm-4pm: Bowls Club

7pm-9pm: Table Tennis Club

Thursday:

10am-12pm : Bowls Club

2.30pm (Second Thursday of the month): Encompass Social Group

3pm (First Thursday of the month): Singing Simcha

Friday:

10am: Holy Communion (First Friday of the month)

10.45am: Coffee Morning (First Friday of the month)

2pm-4pm: Bowls Club

Saturday:

Occasional Events - See website for details.

ANNUAL EVENTS:

We hold a renowned Flower Festival with stunning floral arrangements, refreshments, music, stalls. See website for details as the date changes each year.

The Church is wheelchair friendly, has toilet facilities for the disabled and offers a warm welcome to everyone at all worship and events. We are registered with Sight Loss Friendly Churches, and have a braille hymn book available. The Church is part of the North Norfolk Methodist Circuit.

Built and opened in 1968, the church is light and modern with a beautiful stained glass window, comfortable chairs and tables, a ramp up to the pulpit and many other special symbolic features. It is easily identified by the exterior tall white tower which has a cross on each side at the top.

Please check the church website at www.sheringhammethodist.org.uk or ring the Church Administrator on 07889 694086 for up-to-date information. Email: admin.SAMC@proton.me

Places of Worship

Sheringham Salvation Army

Cremer Street, Sheringham, NR2 6DZ
Email: sheringham@salvationarmy.org.uk
Phone: 01263 826059

Worship

Sunday: 11am

Monday:

2pm-3.30pm (every second and fourth Monday): Quest group - exploring faith in modern life.

Tuesday:

2pm-4pm: Sewing Sisters (Men also welcome). Bring textile or fabric projects to work on in the company of others.

7pm: Open Word Bible Study - open to all.

Wednesday:

10am-noon: Connect Club - Adult activity club

Thursday:

10am-1pm: Welcome space (chat and meet new people, benefit advice, internet access, Parish Nurse and pastoral support / prayer)

Friday:

10am: Bereavement Care Support Group

Saturday:

10am-noon: Fortnightly Solo Link Group for people who live alone to support each other.

Foodbank

Foodbank available weekdays - subject to appointment. Please ring the hall on 01263 826059 and speak to Simon Fenn (Community Manager).

The Food Club

This membership club has a discount food shop at the hall and is open 10am-1pm on Monday, and Thursday and 1pm-5pm Friday. For more information call Simon Fenn on 01263 826059.

Charity Shop

www.salvationarmy.org.uk/sheringham-charity-shop
20 Church Street, Sheringham, NR26 8QS
Phone: 01263 823468



Life Church

Life Church is a family that everyone can join. Jesus makes no distinctions; he welcomes all and his offer of forgiveness and new life is open to all. All ages and stages are welcome. We want everyone to enjoy and grow in God's family, with everyone playing their part by using their passions, gifts, skills and love.

We belong to Relational Mission, part of the Newfrontiers family of Churches. A family of churches committed to seeing lives transformed by the grace of God all over the world.

On Sundays, our meetings are from 10.30am.

For further information about all our other activities go to:

www.lifesheringham.co.uk

or contact us on: 01263 478230

X: @lifesheringham

FB: Life Church Sheringham

Insta: Lifesheringham

A: Life Church, Cromer Road, Sheringham, NR26 8RR

E: mail@lifesheringham.co.uk

The Catholic Parish of Sheringham and Cromer

The Catholic Parish of Our Lady and St Joseph, Sheringham and Cromer, has services at Our Lady of Refuge on the Overstrand Road, Cromer (next to the golf club) and at St Joseph's on Cromer Road, Sheringham. Further details can be found online at www.ourladyandstjoseph.info. The parish email address is admin@ourladyandstjoseph.info and the Parish Priest can be contacted on 01263 822036.

Weekend masses are on Saturday (anticipated) and 6pm at Our Lady of Refuge, Cromer and on Sunday at 9am at Our Lady of Refuge, Cromer and 11am at St Joseph's, Sheringham. When possible, a Mass is said at St. Andrew's (C of E), Holt on Thursday at 9.30am. The Sacrament of Confession is on Tuesday at 6.30-7pm (and by appointment) at St Joseph's, Sheringham.

Lighthouse Community Church

Jesus is central to who we are - Community is what we are about - Life is what we are living!

Check us out Sundays 10.15am for our main Community meet up.

Check out the website for a window into who we are.

Welcome Home

www.lighthousesheringham.org

Find us on Facebook

Tel: 01263 825155

Sheringham Quakers

Quakers are a faith group committed to working for equality and peace.

Quaker faith is a search for truth, not an arrival.

Quakers don't use traditional religious structures or paid ministers. We share responsibility for what we do because everyone has a valuable contribution to make.

A Quaker meeting for worship can be held anywhere, at any time. Every meeting for worship begins in silence. We use it to open ourselves to the wisdom that comes out of stillness. It enriches us and shapes us, individually and collectively. This is what we mean by 'worship'.

Our understanding of God is shaped by personal experience; different people use words that they find helpful and meaningful.

Meeting for Worship takes place for an hour on Sunday mornings at 10.30am

There is a Children's Meeting by prior arrangement - please e-mail sheilagoldsmith@yahoo.co.uk

Room Hire

Meeting Room (with hearing loop) £8 an hour;

Committee Room £6 an hour

Also available at the Meeting House: Kitchen facilities.

A small enclosed garden can also be available to hirers by arrangement.

Sheringham Local Quaker Meeting House

Cremor Street, Sheringham, NR26 8DZ

Contact the Clerk on 01263 823222 or by email on sheilagoldsmith@yahoo.co.uk

All Saints, Upper Sheringham

Line Kiln Lane

Upper Sheringham

NR26 8AE

Website: weybournegroup.org

Email: suejmorton@googlemail.com

Facebook: Upper Sheringham Bellringers

Services are held on Sunday at 11am: Check Church noticeboard for details

Bellringers: Upper Sheringham Bellringers practice at the church on a Tuesday night from 7.15pm-9pm. For more information contact Sue Morton (Tower Captain) on 07957 229866.

All Saints is also home to the famous Upper Sheringham mermaid. The church is usually open from dawn until dusk.



Clubs, Societies and Associations

Health and Welfare

British Red Cross: 01603 426361 / 01603 253403

(Equipment loans only)

Healthier Sheringham: 01263 733535

Macmillan Cancer Support: 0808 808 0000

North Norfolk Stroke Support Group (Chris Sharp): 01263 733535

Sheringham Community Support: 07905 292897 /
cssheringham@gmail.com

Sheringham Dementia Friendly Community (Liz Withington): 07905 292897, secretarysdfc@gmail.com

Singing for Health & Wellbeing (Tina): 07771 605188,
tina@playingforcake.uk

The North Norfolk Help Hub: 01263 516353

Clubs and Societies

Beeston Common Management Group (volunteer conservation organisation) Francis Farrow:
hon.warden@btinternet.com

Cromer and Sheringham Brass Band (Jane Bussey):
01263 821013

Cromer and Sheringham Operatic and Dramatic Society (Amanda Howell): 01603 738356

Fair-trade for Sheringham (Jean Parton): 01263 821600,
jeanparton24@gmail.com

Kelling Probus Club (John Whittington): 01263 820333

Poppy Crafters (Shirley): 01263 823499 (evenings between 6 and 8pm)

RNLI (volunteering): 0300 300 9990

Royal Air Forces Association Sheringham and District Branch (John Toye): 07400 724676

Sheringham and Cromer Choral Society (Jonathan Anderson): secretary@sheringhamandcromerchoral.org.uk,
www.sheringhamandcromerchoral.org.uk

Sheringham and Cromer Round Table (Will Moy): 07562 722737

Sheringham and District Philatelic Society: Jim 01263 721043

Sheringham District Ramblers (Lucy Miller): 07979 928408, www.norfolkra.org.uk

Sheringham Folk Dance Club (June Kimble): 07583 480394

Sheringham - Muzillac Twinning Association : 01263 713782 (Julia Hurlbut, Chairperson) /
smta.general@gmail.com

Sheringham Otterndorf Twinning Association (Madeleine Ashcroft): 07515 896686

Sheringham Plastic Aware (Liz Withington): 07905 292897, sheringhamplasticaware@gmail.com

Sheringham Recycled Teenagers Friendship Group (over 50s) - Anne 01263 826083

Sheringham Royal British Legion (Melanie Clarke): 01263 588840

Sheringham Sinfonia (Sarah Coleman): 01263 821514

Sheringham & District Society:
secretary@sheringhamsociety.com,
www.sheringhamsociety.com

Sing for Joy Community Choir (Teresa Verney): 07967 866036

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95 Station Road, Sheringham NR26 8RG

Clubs, Societies and Associations

Slimming World (Sarah Ramm): 07964 181760

Upper Sheringham Bellringers (Tower Captain Sue Morton): 07957 229866

Sport Clubs

North Norfolk Beach Runners: secretary@nnbr.co.uk

North Norfolk Wheelers: www.nnwheelers.co.uk

North Norfolk Hockey Club:
www.northnorfolkhockey.com

Paul Pretty's Tsunami Martial Arts (Karate and Tai Chi):
07827 337503, www.tsunami-martial-arts.com

Sheringham Cricket Club (Chris Moy): 07468 692217
www.sheringham.play-cricket.com

Sheringham Football Club (Suzanne Cherrie): 07961
435261, sheringhamfc1897@gmail.com

Sheringham Golf Club: 01263 823488

Sheringham Morley Social Club - bowls, snooker, pool
and bridge (Claire Bunnage): 01263 822087

Sheringham Walking Football Group (Simon O'Leary):
07881 878081, simon@companysocial.org.uk

St Andrews Methodist Church (Table Tennis, Bowls):
Contact 07889 694086, admin.SAMC@proton.me

The Reef Leisure Centre: 01263 825675

The Tyneside Club - snooker, pools, darts (memberships
available): 01263 822570

Youth Organisations

Sheringham and Beeston Regis Sea Scout Group
(Beavers, Cubs, Scouts) Please email
admin@sheringhamscouts.co.uk

Sheringham Football Club - Youth Teams (Suzanne
Cherrie): 07961 435261, sheringhamfc1897@gmail.com

Sheringham Rainbows, Brownies & Guides. Please
register your interest at www.girlguiding.org.uk/joinus

Sheringham Skate Park: www.sheringhamskate.co.uk

True Motion Dance (Kelly): 07709 804577

Local Websites

www.sheringhamtowncouncil.gov.uk

www.sheringhamcarnival.com

experiencesheringham.com

sheringhamchamber.co.uk

View the Sheringham webcam at
www.visitsheringham.co.uk/webcam



Sheringham Community Noticeboard



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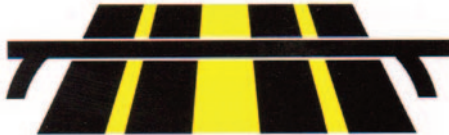
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